Instruction for use

WA-C-ML

Fan-shape anatomic cuff for arm size M-L

Universal, for arm girth 22-42 cm

WA-C-M

Fan-shape anatomic cuff for arm size M

Universal, for arm girth 22-32 cm

1. INTRODUCTION

Dear customer!

B.Well thanks you for purchasing a cuff for automatic blood pressure monitors.

CHOOSING THE RIGHT CUFF SIZE

Using a cuff that does not fit the size of the user's arms, it can be distort the result of measuring blood pressure. If the cuff is small, the measurement result will be improved. If the cuff is large, the measurement result will be lowered. B.Well offers cuffs in two main sizes (cuff size is indicated on the cover of the manual).

- 2. DELIVERY SET
- 1. Cuff
- 2. Connecting tube
- 3. Connector for automatic connection blood pressure monitor
- 3. RULES OF OPERATION
- 1. Thread the end of the cuff through the metal ring so

that the entry point of the air tube into the cuff is on the outside.

2. Insert your arm into the cuff so that the air

tube is positioned along the arm toward your palm.

3. Position the cuff on the arm so that its lower edge is 2-3 cm

above the elbow. The red mark (Artery mark) should be above the ulnar fossa





4. Tightly, but not too tight, taking into account the taper

of the hand, tighten the cuff by pulling the free end.

5. The cuff should fit the arm tightly, otherwise the measurement result will be incorrect. The cuff should be at heart level. It is not recommended to wear a cuff over clothing.

6. Place your hand palm up. Make sure that the hose does not twist.

7. Sit quietly for several minutes before measuring.

IMPORTANT! Measurements can be carried out not only on the left, but also on the right hand, but it must be taken into account that the pressure on different hands is different. In any case, to control and compare the results of measuring the level of blood pressure, the measurement must be carried out on the same arm (on the one where the blood pressure is higher). B.Well cuffs are tapered and repeat the structure of the arm. The special anatomical shape ensures a tight fit of the cuff to the shoulder, which contributes to an accurate measurement.

4. STORAGE AND CARE

Avoid tightly folding the cuff and twisting the connecting tubes. Protect the cuff and connecting tube from sharp objects.

5. TECHNICAL SPECIFICATIONS

Cuff type	Description
Fan-shape anatomic cuff for arm size M-L	Universal, for arm girth 22-42 cm
Fan-shape anatomic cuff for arm size M	Universal, for arm girth 22-32 cm
Operating conditions:	
Temperature	from + 10 °C to + 40 °C
Humidity	from 15% to 90%
Storage conditions	
Temperature	from –10 °C to + 60 °C
Humidity	from 15% to 90%

6. DISPOSAL

Disposal is possible together with household waste.