

Instructions for use

TH-168BT

BLUETOOTH DIAGNOSTIC SCALE

EN



 PRO

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 TECHNO

1. INTRODUCTION

Dear consumer!

We congratulate you with a B.Well Bluetooth Diagnostic Scale buying! Thank you for choosing our product!

Product was developed, verified and supervised by B.Well Swiss AG, Switzerland. Applied Swiss control system assures high quality, endurance and safety of all B.Well products.

This new electronic personal scale allows you to evaluate your body weight. Capacity 180 kilos, divided into 100 grams. Please read through these instructions carefully so that you understand all functions and safety information. We want you to be happy with your B.Well product. The B.Well company is guaranteeing that this scale is made of high quality materials and meets current national and international safety standards.

2. OPERATING INSTRUCTION

APP download steps

Please scan the QR-code and download the TUYA APP.

The following are steps for device management (user management is similar).

1. Open the APP and sign in.
2. Click the "+" in the upper right corner to add device (as shown in Figure 1).
3. Tap on the scale and turn it on, the APP will automatically search for nearby devices (as shown in Figure 2).

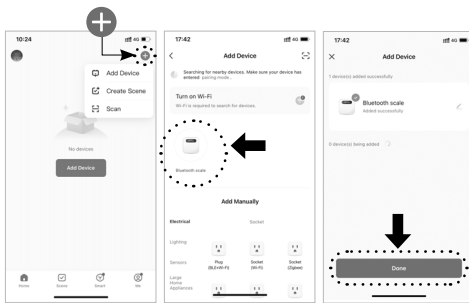


Figure 1

Figure 2

Figure 3

4. When the APP offers you a Bluetooth scale, simply click on it and your scale will begin to be added. Then the screen will display "Bluetooth scale added successfully" (as shown in Figure 3).
5. Click "Done".

User information

1. Please click "User Management" and "+" to add the user information (as shown in Figure 4, 5 and 6).
 2. When you have entered the required information, click "OK" (as shown in Figure 7).
 3. You will now see that a user icon has appeared in the "Users" section. If there are multiple users, you can click on the icon to switch users (as shown in Figure 8).
 4. When use this product for first time, please download APP and enter your personal data (gender / height / age), for more users need to add users (fill in relevant personal data), please do edit your user name so that can choose your own name for next time using, there is totally 10 users at most for APP management.
- Step barefoot on scale evenly to get accurate result. Please keep your feet clean and dry, also well contact with the electrode plate. Scale display shows your weight, please check other data (body fat, water, etc) on APP.

- If the scale would not be used in a long period, please take the battery out, and make sure there is nothing on the scale.
- Never throw away the scale or batteries to the rubbish. Dispose them according to the local garbage regulations.

3. WEIGHING AND DATA

1. After adding device and setting data, step barefoot on scale evenly to get accurate result, scale will show your weight, all test result will be transmitted to the APP.
2. You can check and manage your weight, body fat, body water, muscle, body mass index and other data by APP.
3. Click [] to check the latest measurement report (as shown in Figure 2.1).
4. Click the button record [] to check the average data based on the history of the measurement (day/week/month) (as shown in Figure 8 and 9).
5. Click [] in the top right corner to view your historical weighing record at a specific time (as shown in Figure 10 and 11).

Device care

You can clean the scale with a damp cloth and a little washing up liquid, if required. Never immerse the scale in water or rinse it under running water.

Disposal

Batteries and electronic devices must be disposed of in accordance with the locally applicable regulations, not with domestic waste.

4. TECHNICAL SPECIFICATIONS

- Max capacity: 180 kg / 396 lb / 28.8 st
- Division: 100 g / 0.2 lb
- Accuracy:
 - ±0.3 kg for measurement range 3 kg to 50 kg
 - ±0.5 kg for measurement range 51 kg to 100 kg
 - ±0.7 kg for measurement range 101 kg to 150 kg
 - ±0.9 kg for measurement range 151 kg to 180 kg
- LCD display: 73 × 34 mm
- Diagnostic: Weight, Fat Mass, Body fat index, Obesity level, Ideal weight, Weight Control, Visceral fat index, Weight without fat, Muscle rate, Body water, Bone mass, Protein rate, BMR, Metabolic age, Body type, Score
- 6 mm tempered safety glass platform
- Equipped with high strain gauge sensors
- Auto on function
- Weighing unit switch between kg / lb (on APP)
- Unit of weight on LCD display
- Automatic zero and switch off
- Low battery and overload indication
- 3 × AAA batteries (included)

Operation environment:

Temperature: +10°C ~ +40°C • Humidity: <80%

Storage and transportation environment:

Temperature: -20°C ~ +50°C • Humidity: <90%

Technical alterations reserved.

5. SYMBOL INFORMATION

	Follow instructions before use		Disposal for separate collection
	Manufacturer's Name	10°C - 40°C OPERATING CONDITION	Operating condition, temperature 10°C ~ 40°C
	Article number	-20°C - 50°C STORAGE CONDITION	Storage condition, temperature -20°C ~ 50°C
	Lot number		CE mark
	Keep dry		

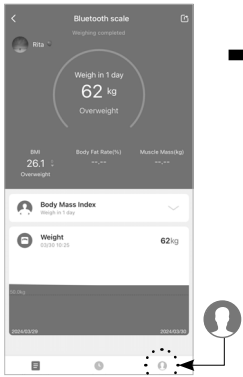


Figure 4

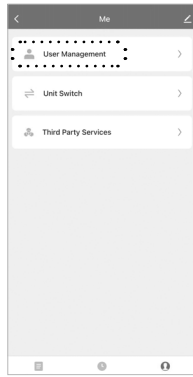


Figure 5

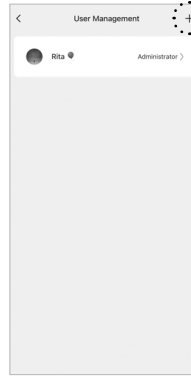


Figure 6



Figure 7

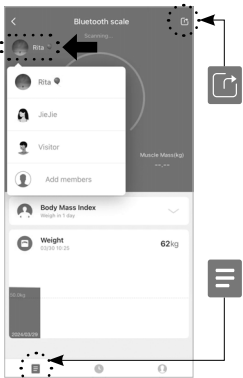


Figure 8

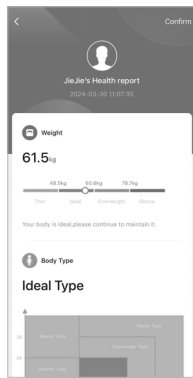


Figure 9

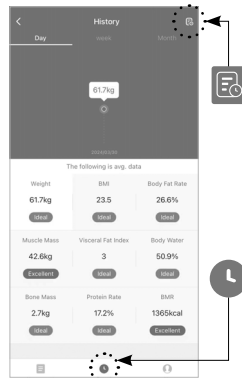


Figure 10

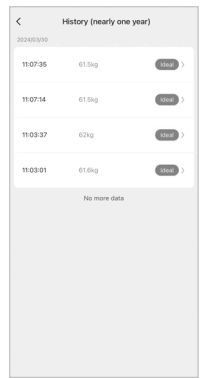


Figure 11

6. WARRANTY INFORMATION

Warranty period is 1 years from the date of purchase. This warranty doesn't cover any damages caused by improper using, and also battery and packaging. When a manufacturing defect is revealed during the warranty period a faulty unit would be repaired or, if repairing is impossible, replaced with another one. The manufacturer may change units partially or completely if necessary, without prior notice.

The date of manufacture of the device is specified in the LOT number indicated on the device. The first two digits indicate the month, and the following four digits indicate the year of production.

Last revision 2024-W36

B.Well Swiss AG

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2. OPERATING INSTRUCTION

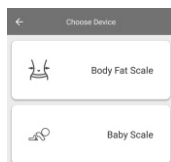
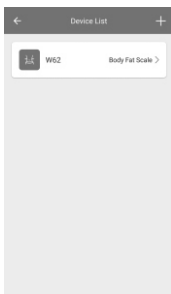
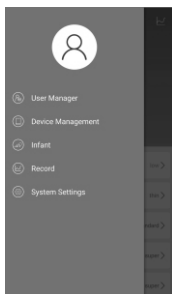
APP download

Please scan right side QR code by mobile browser and download it.



Care and attention

- The APP can support multiple products of our company (body fat scales, baby scales, luggage scales, kitchen scales) and multi-users support. The following are steps for device management (user management is similar).
- Open APP and click "User Management" in the upper left corner.
 - Click "Device Management" (can select or delete the bound devices).
 - Click the upper right "+" sign to add corresponding device.



- When use this product for first time, please download APP and enter your personal data (gender / height / age), for more users need to add users (fill in relevant personal data), please do edit your user name so that can choose your own name for next time using, there is totally 9 users at most for APP management.
- Step barefoot on scale evenly to get accurate result. Please keep your feet clean and dry, also well contact with the electrode plate. Scale display shows your weight, please check other data (body fat, water, etc) on APP.
- If the scale would not be used in a long period, please take the battery out, and make sure there is noting on the scale.

- Never throw away the scale or batteries to the rubbish. Dispose them according to the local garbage regulations.

3. DEVICE BOND AND DATA SETTING

- Place the scale on a solid, flat surface to ensure weighing accuracy.
- Open APP, follow indication to add corresponding device, select "body fat scale" (as shown in Figure 1.2).
- Identify Device. Follow the indication and click "Open Bluetooth" button, turn on the Bluetooth (as shown in Figure 1.3) (if already open, system will automatically skip this step).
- Please step on your scale and make it turn on, then check your APP and click "Confirm" button, device bound after this step (as shown in Figure 1.4.1 and Figure 1.4.2).
- Data Setting, please fill in the real age, height, gender, then click "Done" button to end setting (as shown in Figure 1.5).

Weighing and Data

- After adding device and setting data, step barefoot on scale evenly to get accurate result, scale will show your weight, all test result will be transmitted to the APP (as shown in Figure 2.1);
- You can check and manage your weight, body fat, body water, muscle, body mass index and other data by APP;
- Click the left "☰" icon can check the latest measurement report, which shows all data and index, also some exercise and diet recommendations (as shown in Figure 2.2.1, Figure 2.2.2);
- Click the icon in the upper right corner "📈" to view your historical weighing record (as show in Figure 2.3.1). It shows changes of data based on week / month / year; Then click the icon "🕒" in the upper right corner to check weighing record of specific time (as show in Figure 2.3.2).

Device care

You can clean the scale with a damp cloth and a little washing up liquid, if required.

Never immerse the scale in water or rinse it under running water.

Disposal

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 - ±0.8 kg for measurement range 151 kg to 180 kg
- LCD display: 73 × 34 mm
- Diagnostic: Scale, body fat, body water, muscle percentage, bone mass, calories analysis & BMI 7 in 1
- 6 mm tempered safety glass platform
- Equipped with high strain gauge sensors
- Auto on function
- Weighting unit switch between kg / lb (on APP)
- Unit of weight on LCD display
- Automatic zero and switch off
- Low battery and overload indication
- 3 × AAA batteries (included)

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Humidity: <80%

Storage and transportation environment:

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Figure 1.2

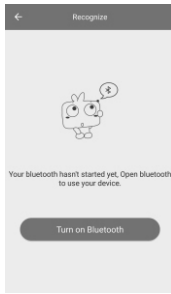


Figure 1.3



Figure 1.4.1

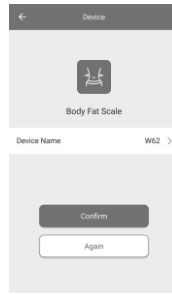


Figure 1.4.2

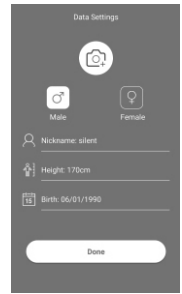


Figure 1.5



Figure 2.1



Figure 2.2.1



Figure 2.2.2

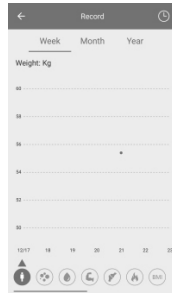


Figure 2.3.1

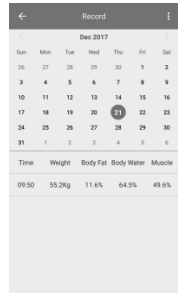


Figure 2.3.2

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Last revision 2021-W45

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www.bwell-swiss.ch

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Caring for everyone